

Customer service +46 (0)60-18 75 85 www.kapan.se

## Send this form to:

Kåpan Tjänstepension SE-851 90 Sundsvall Sweden or by e-mail to kundservice@kapan.se

## You need to register your account to receive your money

Our pensions are paid through Swedbank. If you have a Swedish account and a Swedish electronic identification (Swedish eID or BankID) you register your account at www.swedbank.se/kontoregister. Otherwise, you register your account by filling out a form you find at kapan.se.

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First name(s) and surname	Personal ID number (yyyymmdd-nnnn)							
Address	Post code and city							
E-mail address	Telephone (daytime)							
2. Fill in how you want to withdraw your pension from	•							
You find your insurances with insurance number (Försäkringsnr.) in your Annual pension statement.								
a) Apply for your Kåpan Tjänste								
Your pension is paid out for life unless you choose another limited period.								
Insurance number	year, month							
	Start my payment from:							
I want the insurance to be paid out:	years (5-20 years)							
for life for a limited period of:	as a lump sum*							
[								
Insurance number	year, month							
I want the insurance to be paid out:	Start my payment from: years (5-20 years)							
for life for a limited period of:	as a lump sum*							
<u> </u>	<u></u>							
* You can only take out the pension as a lump sum if the value of the i	insurance is lower than a price base amount.							
b) Apply for your Kåpan Valbar								
Your pension is paid out for life unless you choose another limited period.								
Insurance number	year, month							
	Start my payment from:							
I want the insurance to be paid out:	years (10-20 years)							
for life for a limited period of:	as a lump sum*							
Insurance number	year, month							
	Start my navment from:							

years (10-20 years)

as a lump sum\*

I want the insurance to be paid out:

for life

for a limited period of: \* You can only take out the pension as a lump sum if the value of the insurance is lower than a price base amount.



c) Apply for your Kåpan Aktieval					
Insurance number		year,	month		
	Start my payment from:	Start my payment from:			
I want the insurance to be paid out:	years (10-20 years)				
for life	for a limited period of:		as a lump sum*		
* You can only take out the pension as a lu	ump sum if the value of the insurance is lower than a price base ar	nount.			
d) Apply for your Kåpan Flex					
Insurance number		year,	month		
	Start my payment from:	it from:			
I want the insurance to be paid out:	years (1-20 years)				
for life	for a limited period of:		as a lump sum*		
* You can only take out the pension as a lu	ump sum if the value of the insurance is lower than a price base ar	nount.			
* e) Apply for your Kåpan Extra					
Insurance number		year,	month		
	Start my payment from:				
I want the insurance to be paid out:	years (5-20 years)				
for life	for a limited period of:		as a lump sum*		
* You can only take out the pension as a lu	ump sum if the value of the insurance is lower than a price base an	nount.			
3 Signature					
3. Signature					
Date	Signature				
3. Signature	ump sum if the value of the insurance is lower than a price base an	nount.			

Kåpan Tjänstepension is the controller of the personal data processing within our association. Read more about it at kapan.se.